CLAIMS

1. An optical disk comprising:

a substrate including resin-impregnated paper in which a resin has been impregnated into paper or resin-coated paper in which the paper surface has been coated with a resin; and

a recording layer provided on at least one side of the substrate.

- 2. An optical disk according to claim 1, wherein the centerline average roughness Ra of at least one side of the substrate is 0.5 μ m or less, and the maximum roughness Rmax is 6.0 μ m or less.
 - An optical disk according to claim 1, further comprising:
 a printing layer provided on the side opposite from the side of the substrate
 provided with the recording layer.

15

20

10

5

- 4. An optical disk according to claim 1, wherein the recording layer is provided on both sides of the substrate.
- 5. An optical disk according to any of claims 1 through 4, further comprising: a protective layer for protecting the recording layer.
- 6. An optical disk according to any of claims 1 through 4, wherein the recording layer has a recording layer base material that serves as a support for the recording layer, and the recording layer base material includes a non-hydrophilic film.

- 7. An optical disk according to claim 5, wherein the recording layer has a recording layer base material that serves as a support for the recording layer, and the recording layer base material includes a non-hydrophilic film.
- 8. An optical disk according to claim 3, wherein the printing layer has a printing base material that serves as a support for the printing layer, and the printing base material includes a non-hydrophilic film.
- 9. An optical disk according to any of claims 1 through 4, further comprising: a10 release layer provided between the substrate and the recording layer.
 - 10. An optical disk according to claim 5, further comprising:a release layer provided between the substrate and the recording layer.
- 15 11. An optical disk according to claim 3 or claim 8, further comprising: a release layer provided between the substrate and the printing layer.

20

25

12. A manufacturing method of an optical disk, comprising the steps of:
a recording layer sheet fabrication step in which a recording layer sheet is
fabricated by forming tracks on a recording layer base material; and

a recording layer sheet lamination step in which a recording layer included the recording layer sheet is provided on a substrate included resin-impregnated paper or resin-coated paper by laminating the recording layer sheet with resin-impregnated paper in which a resin is impregnated into paper or resin-coated paper in which the surface of the paper is coated with a resin.

13. A manufacturing method of an optical disk according to claim 12, further comprising the steps of:

a printing sheet fabrication step in which a printing sheet is fabricated by carrying out printing on a printing base material; and

a printing sheet lamination step in which a printing layer included of the printing sheet is provided on a substrate included resin-impregnated paper or resin-coated paper by laminating the printing sheet with resin-impregnated paper in which a resin is impregnated into paper or resin-coated paper in which the surface of the paper is coated with a resin.

10

15

20

25

5

14. A manufacturing method of an optical disk according to claim 12, further comprising the steps of:

a protective film lamination step in which a protective layer included a protective film is provided on the recording layer by laminating the protective film onto the recording layer.

15. A manufacturing method of an optical disk according to claim 13, further comprising the steps of:

a protective film lamination step in which a protective layer included a protective film is provided on the recording layer by laminating the protective film onto the recording layer.

- 16. A manufacturing method of an optical disk according to any of claims 12 through15, further comprising the steps of:
- a release layer formation step in which a release layer is formed on at least one side

of the resin-impregnated paper or resin-coated paper in advance.

5

- 17. A manufacturing method of an optical disk according to any of claims 12 through 15, wherein each sheet is produced in the form of a wound roll, and each sheet in the form of a wound roll is laminated.
 - 18. A manufacturing method of an optical disk according to claim 13, wherein the printing sheet fabrication step has a step in which mutually different variable information imparted to each optical disk produced is printed on the printing base material.